

# PLA for Paper Coating

## Improved PLA-Based Compounds Provide a Competitive and Carbon-Neutral Alternative to Polyethylene for Coated Paper Applications

Source:  
bioplastics MAGAZINE  
Click here!

Extrusion coating is an established processing technology resulting in production of multilayer flexible structures. The operation involves melting of a thermoplastic to be applied onto a substrate such as paper (as shown in Figure 1). Polyethylene (PE) has been traditionally used for imparting properties such as water & grease resistance to the paper and in some cases barrier properties. This article discusses the problems and issues arising from a polyethylene coated paper when biodegraded under composting conditions and the benefits of selecting a fully compostable coating.

### Compostability

Commonly used plastic-coated paper products include milk and juice cartons, hot and cold paper drinking cups, frozen food containers, plastic-lined paper bags, take-out containers and some paper plates. The issue with plastic coatings such as PE coated products is its end of life i.e. what happens to the product after use when it enters the waste/disposal environment. Although most of the manufacturers of these plastic-coated paper products make no claims that their products are compostable, many composters and waste diversion programs accept them either inadvertently assuming there is no polymer in a paper product or in hopes of composting the paper fibers along with the coating.

As summarized by Narayan - Chairman of the ASTM Committee for Environmentally Degradable Plastics and Biobased Products (D20.96) [2], "to meet the requirements of compostability, a material must satisfy the primary requirements of complete biodegradability under composting conditions. In addition, it has to meet the disintegration and safety criteria to make a claim of compostability. ASTM D6400, D6868, ISO 17055, and EN 13432 are specification standards for compostable plastics and require:

- 90%+ of the test material's carbon conversion to CO<sub>2</sub> via microbial assimilation of the test polymer material in powder, film, or granule form in 180 days or less—a laboratory scale test method, as described in the previous section.
- Disintegration of the test material in both shape and thickness of the products intended for use, such that 90% of the test material must pass through a 2 mm sieve using ISO 16929 or ISO 20200 standard test methods.
- Safety considerations where the resultant compost should have no impact on plants, using OECD Guide 208, Terrestrial Plants Growth Test. Furthermore, regulated (heavy) metals content in the polymer material should be 50% or lower than prescribed thresholds in the country of use (e.g., 50% of the U.S., and Canadian Environmental Protection Agency's prescribed threshold)."

For a 230 gsm (grams per square meter) cupstock paper having a PE coating of 15 gsm on one side, the polyethylene content in the product is only 6.5%. However, the specification standard requires that any

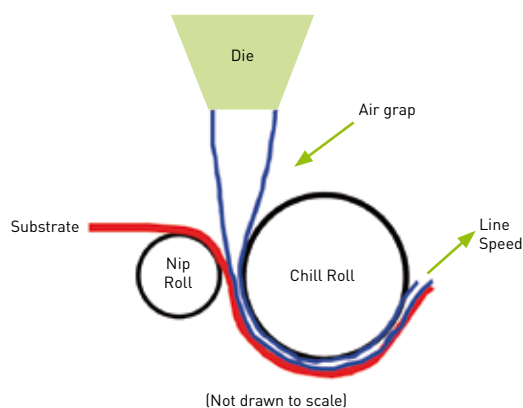


Figure 1: Schematic of an extrusion coating process [adapted from reference by B. A. Morris [1]]

By

Shilpa Manjure

Natur-Tec

A Division of Northern Technologies

International Corp. (NTIC)

Circle Pines, MN, USA

component added in excess of 1 % to other biodegradable material has to be itself completely biodegradable. PE is not biodegradable and is not completely assimilated by microorganisms in the compost system [2]. In fact, PE simply fragments as the paper is consumed by the microorganisms in the pile. Narayan further [2] reports that the fragments, some of which could be microscopic, can be transported through the ecosystem and could have serious environmental and health consequences.

A recent research from Eco-Cycle and Woods End Laboratories [3] demonstrated and verified that micro-plastics were shed from all plastic-coated paper products during composting. These micro-plastics may pose a significant risk to our soils, freshwater and marine environments, wildlife, and ultimately, human populations. The U.S.-based Algalita Marine Research Foundation reported [4] that degraded plastic residues can attract and hold hydrophobic elements such as polychlorinated biphenyls (PCBs) and dichlorodiphenyltrichloroethane (DDT) up to one million times the background levels. As such, it is increasingly important that with such a potential threat to our environment we ban non-biodegradable plastic-coated paper products in compost and practice use of fully compostable coated-paper products.

Poly lactide (PLA) is the most studied and easily available biobased and biodegradable polymer. As such PLA would be a good candidate to be coated on to paper for complete compostability at the end of life. PLA, however, has some property drawbacks as discussed later and is not the most suitable candidate for extrusion coating. This is mostly true when coating converters like to utilize their current equipment that has been optimized considering properties and features of polyethylene for the past several decades. PLA properties can be tailored to be coatable and still meet the ASTM D6868, "Standard Specification for Labeling of End Items that Incorporate Plastics and Polymers as Coatings or Additives with Paper and Other Substrates Designed to be Aerobically Composted in Municipal or Industrial Facilities". This implies that the coated paper is consumed as food by the microorganisms in the compost pile and there are no fragments of polymer left behind. Both the paper and coating are converted completely to carbon dioxide, water and hummus when disposed off in an industrial composting facility [5-7]. Natur-Tec in collaboration with ITC India's Paperboard and Specialty Paper Division [8] has been able to successfully commercialize such a modified-PLA coated paper that is also certified by the Biodegradable Products Institute (BPI) and convert it to commercial end products as shown in Figure 2.



Figure 2: Examples of modified-PLA coated-paper applications that are certified by the BPI and are fully compostable



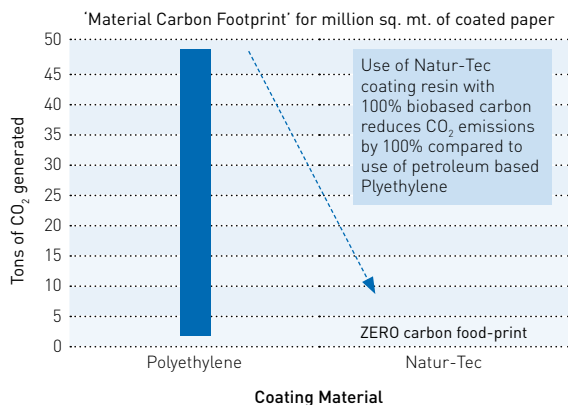


Figure 3: Material carbon footprint value proposition for Natur-Tec coated paper compared to PE coated paper

### Intrinsic value proposition for using PLA-based coatings

Bio-based plastics, in which the fossil carbon is replaced by bio/renewable-based carbon, offer the intrinsic value proposition of a reduced carbon footprint and are in complete harmony with the rates and time scale of the biological carbon cycle. The carbon footprint of biopolymers has been discussed in detail in the recent MRS bulletin [2] by Narayan. Accordingly for every 100 kg usage of petroleum based resins such as polyethylene or polypropylene a net 314 kg of CO<sub>2</sub> is released into the environment at the end of cycle. On the other hand if this material is replaced with PLA or Natur-Tec extrusion coating resin (100% biobased modified-PLA) the net CO<sub>2</sub> evolved is zero as all the carbon in this material comes from renewable resources. This is the material carbon footprint of the resin. The other half of the total carbon footprint is the emissions arising from the process of converting the carbon feedstock to product, the impact during product use, and ultimate disposal – called the process carbon footprint. Although the process carbon footprint for PLA is higher than PE/PP, the overall CO<sub>2</sub> released to the environment, taking into account the intrinsic carbon footprint as discussed above is lower and will continue to get even lower as process efficiencies are incorporated and renewable energy is substituted for fossil energy [2].

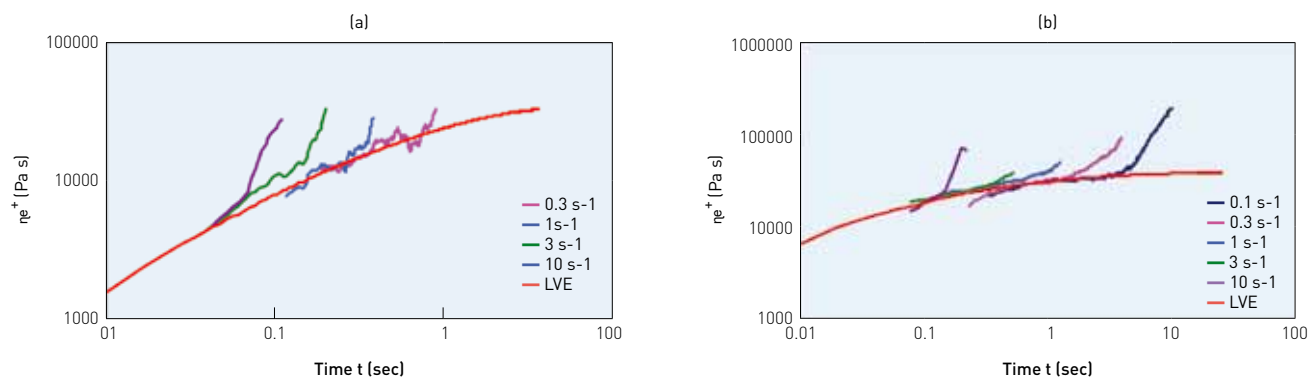


Figure 4: Elongational viscosity comparison of extrusion coating grades of (a) polyethylene with (b) modified PLA resin from Natur-Tec®.

For extrusion-coated paper if we assume that the base paper used is same and the coating thicknesses for the PE and Natur-Tec coating are 15 and 30 gsm respectively, then one can calculate the material carbon footprint. PE contains 85.71% carbon (0% is biobased) while Natur-Tec resin contains 40% carbon (100% is biobased). So for a million square meter usage one can estimate that the PE coating will give out 47.1 tonnes of CO<sub>2</sub> while this value will be ZERO for coating that is renewably resourced as shown in Figure 3. This is a strong value proposition that is environmentally sustainable and intrinsic to the use of biobased feedstock.

### Processability

PE coating lines have a larger air-gap. This is because PE is non-polar and paper is polar, as such there is little or no adhesion between the thermoplastic and the paper unless the PE melt flows into the paper pores or some modification is done to the PE. A solution to this was to let the web of PE melt drop through the air for certain distance causing the hot surface to oxidize slightly creating polar groups that will help in adhesion to the paper fibers [1,9, 10]. Because the polymer melt is expected to drop through an open space before contacting the substrate, the polymer must have sufficient melt strength to support its weight. Virgin PLA has poor melt strength and considerable neck-in (greater than 10%). It is a polar polymer and does not need a larger air-gap that was initially designed for a non-polar polymer such as PE. Secondly, PLA has low elongational viscosity and cannot be stretched out on the substrate for thinner coatings making it cost prohibitive. The shortcomings of pure PLA are overcome by reactive blending and modification of the PLA to provide (1) improved resin melt strength for processing on PE coating lines, (2) improved elongational viscosity for application of thinner coatings close to 20 microns (30 gsm) and (3) reduced neck-in (close to 5%) for processing wider webs.

In particular, a polymer used for extrusion coating needs to have reasonably high elongational viscosity and the melt should exhibit strain hardening at high elongational rates. Strain hardening means the resistance to deformation increases at a more rapid rate as deformation continues

[7]. This is provided by the polymer molecular architecture – branched vs. linear. Polymers exhibiting strain hardening or high extensional viscosity deform uniformly as stress is applied to the melt. Figure 3 compares the extensional viscosity over a range of strain rates for coating grades of PE and modified-PLA. The modified-PLA grade shows strain hardening at high strain rates of  $10s^{-1}$  and greater and the Linear Viscoelastic Envelope (LVE) value is comparable to that of PE (at 1000 – 50000 Pa-s) over the range tested. Thus it is possible to process virgin PLA on a PE coating line with improvements to its polymer architecture.

## Performance

Paper products are commonly coated with plastics for two major desired properties: (1) water proofing as in the case of disposable paper cups, plates, etc. and (2) grease-resistance as in the case of take out boxes, pizza-boxes, etc. Water proofing is measured using a Cobb test where amount of water absorbed by the paper in a given time indicates the relative water resistance of the paper. Lower the uptake of water better is the performance. As shown in Figure 4 the performance of modified-PLA coated paper (samples from Natur-Tec) was comparable to that of PE-coated paper and significantly improved compared to the uncoated paper. Although the coatings were applied at different weights the thickness was the same order of magnitude based on density of the two resins.

Grease resistance of the papers was measured using the 3M kit test – twelve kit solutions are prepared by mixing different amounts of Castor oil, n-Heptane and Toluene and the lowest number of solution that stains the paper in 15 seconds is recorded. As shown in Table 1 both the coated papers passed all the twelve test solutions and had a high degree of grease resistance compared to the base paper.

The PLA-based paper performed at par with the PE coated samples in terms of properties for both water and grease resistance.

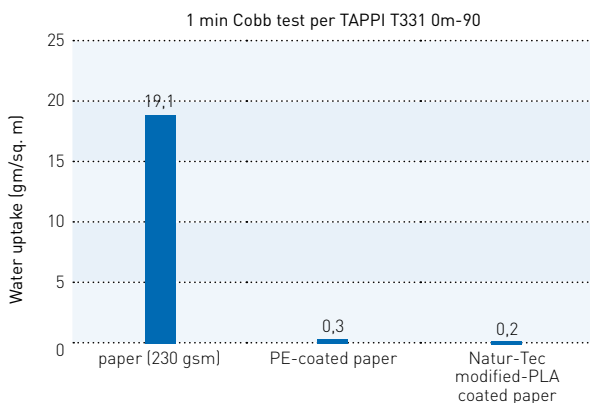


Figure 5: Water-proofing property using Cobb test – for uncoated paper, PE coated paper and modified-PLA coated paper from Natur-Tec

TAPPI T 559 cm-02	
Sample Type	Grease Resistance/ 3M Kit test
Uncoated paper (230 gsm)	1
PE coated paper	12+
Natur-Tec modified-PLA coated paper	12+

Table 1: Grease resistance property using 3M kit test – for uncoated paper, PE coated paper and modified-PLA coated paper from Natur-Tec

## CONCLUSIONS

1. PE coating on paper is not compatible with end-of-life composting or recycling operations. Replacing the petro-fossil PE coatings with biobased and fully biodegradable PLA coatings offers the value proposition of a reduced material carbon footprint and its process carbon footprint mirrors existing PE operations. It is readily and fully biodegradable in industrial composting operations (compostable plastic) and therefore, can be easily removed from the environmental compartment in a safe and efficacious manner. PLA-based coating offers the intrinsic value proposition of ZERO material carbon footprint.

2. PLA-based coatings can be successfully processed on traditional PE lines when modifications are made to the formulation to improve melt strength and elongational viscosity such that strain hardening occurs at higher elongational rates of  $>1sec^{-1}$ .

3. PLA-based coated paper provides water-proofing and grease resistance that is competitive with a PE coated paper.

## References

- [1] B. A. Morris, "Understanding why adhesion in extrusion coating decreases with diminishing coating thickness, Part I & II: Penetration of porous substrates," SPE-ANTEC, 63, 2964-2968 (2005).
- [2] R. Narayan, Carbon Footprint Of Biopolymers Using Biocarbon Content Analysis And Life-Cycle Assessment, MRS Bulletin, Volume 36, Issue 9, September 2011.
- [3] New Opportunities in Recycling and Product Manufacture Eliminate the Environmental Hazards Inherent in the Composting of Plastic-Coated Paper Products, Will Brinton, from Woods End Laboratories, Inc., Mt. Vernon, ME Cyndra Dietz, Alycia Bouyounan, Dan Matsch from Eco-Cycle, Inc., Boulder, CO, April 2011- Read the full report and find more information at [www.ecocycle.org/microplasticsincompost](http://www.ecocycle.org/microplasticsincompost).
- [4] Algalita Marine Research Foundation ; [www.algalita.org/pelagic\\_plastic.html](http://www.algalita.org/pelagic_plastic.html)
- [5] R. Narayan, American Chemical Society Symposium Series, 939 (2006), C. 18, pp. 282.
- [6] R. Narayan, in Renewable Resources and Renewable Energy, M. Graziani, P. Fornasiero, Eds. [CRC Press, Taylor & Francis Group, 2006], C. 1.
- [7] R. Narayan, in Science and Engineering of Composting: Design, Environmental, Microbiological and Utilization Aspects, H.A.J. Hoitink, H.M. Keener, Eds. [Renaissance Publications, OH, 2003], pp. 339.
- [8] ITC India Ltd. – Paperboards and Specialty Papers Division; [www.itcportal.com/itc-business/paperboards-and-packaging/paperboards-and-specialty-papers.aspx](http://www.itcportal.com/itc-business/paperboards-and-packaging/paperboards-and-specialty-papers.aspx)
- [9] R. J. Hernandez, S. E. M. Selke and J. D. Culter, Plastics Packaging – Properties, Processing, Applications and Regulations, Chapter 8, Hanser Gardner Publ. 2000.
- [10] B. A. Morris and N. Suzuki, "The case against oxidation as a primary factor for bonding acid copolymers to foil," Annual Technical Conference – Society of Plastics Engineers, 59:1, 25-35 (2001).